



How to Take  
**Aetna's**  
Health Risk Assessment (HRA)



## **Name of Aetna's HRA: Health Counts Health Assessment**

**What you'll need to take the Health Counts Health Assessment:**

- Your subscriber ID

**What health information you may want to have on hand when completing the Health Counts Health Assessment:**

- Your blood pressure
- Your cholesterol levels
- Date of your last immunizations and preventive screenings

**Once you're ready, go to [www.washingtonwellness.gov](http://www.washingtonwellness.gov)**

- Click on "My Risks"
- Under "How Do I Take My HRA?" select Aetna
- Follow the instructions on the Web page

**Have a question or need help?**

- Call 1-866-908-5940