

## ■ Personal Information

- Demographics
- Medical, surgical, & family history
- Hobbies & interests

## ■ Lifestyle & Health Behaviors

- Nutrition
- Physical Activity
- Tobacco Use
- Alcohol & Substance Abuse
- Sexual Practices & Birth Control
- Stress & Depression

## ■ Chronic Condition Management

- Asthma
- COPD
- Hypertension
- Diabetes
- Heart Failure
- Depression

## ■ Clinical Preventive Services

- Screening (e.g., cholesterol)
- Immunization (e.g., pneumococcal)
- Chemoprophylaxis (e.g., aspirin, calcium)
- Living will & durable power of attorney

## ■ Future Risk Calculations

- Cardiac risk
- Diabetes risk
- Cancer risks

## ■ Medication Adherence

## ■ Topics with options of “I prefer not to respond”:

- Race
- Weight
- Sexual orientation
- Sexual activity
- Substance abuse